



Conyers Police Explorers
Dash Into Spring
5K Run/Walk

Registration/Waiver

Date: March 23, 2019

Time: On-Site Registration and Packet Pickup at 7:00am.

5K Trail Run/Walk begins at 8:00am.

Location: Steeple Chase— Centennial Olympic Parkway. You will see signs for registration.

Entry Fee: Pre-Registration \$18.00 (Postmarked by March 13th) Non-Refundable

Day of Race \$25.00 **Register online** *ONLINE REGISTRATION COMING SOON*

Make checks payable to the Conyers Police Explorers

CASH _____ **CHECK** _____ **AMOUNT** _____

5K Prizes will be awarded for 1st, 2nd, 3rd place runners in several age brackets.

All participants who pre-register by March 13 2019 will receive a free T-Shirt.

Water will be provided at stations along the route and complimentary snacks will be given out following the race.

Mailing address: Conyers Police Department 1194 Scott Street, Conyers, Ga. 30012 .

Name: _____ Age: ___ M ___ F

Address: _____

City, State, Zip: _____

Phone: _____

Check T-Shirt Size: Small _____ **Medium** _____ **Large** _____ **XL** _____ **XXL** _____

I know that walking/running a road race is a potentially hazardous activity. I should not enter and run/walk unless I am medically able and properly trained. I agree to abide by any decision of an event official relative to my ability to safely complete the event. I assume all the associated risks with participating in this event, but not limited to falling, contact with other participants, the effects of weather including high heat/humidity, traffic, and other conditions of the road, all such risks being known and appreciated by me. Having read this waiver and knowing these facts, and in consideration of your accepting my entry, I and anyone entitled to act on my behalf, waive and release Conyers Police Department from all claims or liability of any kind arising out of my participation in this event. I grant permission to all of the foregoing to use any photographs, motion pictures, recordings, or any other record of this event, for any legitimate purpose. All forms must be signed; incomplete forms will not be accepted.

Signature: _____

Parent or Guardian if under 18